















Nutrition North Canada Program






PHASE 2 – As of April 1, 2011, flat shipping rates will be replaced by subsidy rates accustomed by community and most non-perishable foods and non-food items will be eliminated from the eligibility list for all eligible communities.

Food Group	Category 1 (Higher Subsidy)	Category 2 (Lower Subsidy)
Vegetables and Fruit 	Frozen vegetables, (including baked French fries), fresh and frozen fruit, frozen juice concentrate (unsweetened), unsweetened juice in individual-size TetraPaks and similar containers, dried fruit (raisins, dates, apricots, etc.), dried unseasoned vegetables, (e.g., onion flakes, dried vegetable mixes, instant potato flakes, seaweed), Fresh vegetables – <i>excluding ornamental pumpkins</i>	Unsweetened fresh juice, unsweetened juice in large TetraPaks and similar containers
Grain Products 	Cook-type cereal, ready-to-eat breakfast cereal, bread and bread products without sweetened fillings or coatings (e.g., bagels, English muffins, bread rolls, raisin bread, hamburger buns, hot dog buns, pizza crusts, frozen bread dough, tortilla) – <i>excluding garlic bread and croissants</i>	Crackers, crispbread, hard bread, Pilot biscuits, melba toast, Arrowroot and social tea cookies, fresh and frozen pasta, all-purpose flour, whole wheat, rye and other semi-perishable flours – <i>excluding cake and pastry flour</i>
Milk and Alternatives 	Fresh milk, UHT milk, buttermilk, chocolate milk, powdered milk, canned evaporated milk, yogurt, yogurt drinks, cheese, processed cheese, cottage cheese, fortified soy beverages	
Meat and Alternatives 	Eggs and egg substitutes, tofu and similar vegetable-based meat substitutes (vegetable patties, nut burgers, etc.), unsweetened seeds and nuts, peanut butter, fresh and frozen meat, fish and poultry (including country food, peameal and back bacon, other cured and smoked products, fish sticks, fish cakes) – <i>excluding side bacon and products that are breaded, battered or in pastry</i>	
Oils and fats 	Soft, non-hydrogenated margarine	Salad dressing, mayonnaise, cooking oil (e.g., canola, peanut, olive, flaxseed), lard, shortening, butter
Combination foods 		Fresh and frozen combination foods (e.g., pizza, lasagne) – <i>excluding those containing products that are breaded, battered or in pastry or desserts, poutine, prepared sandwiches, hamburgers, hot dogs, prepared salads, other prepared foods for immediate consumption that are subject to GST</i>
Other 	Infant formula, infant cereals, other foods prepared specifically for infants	Yeast for bread making, artificial sweeteners, non-prescription drugs

As of April 1, 2011, under the new program, the elimination of non-food items and most non-perishable foods will be extended to eligible communities without marine service (with the exception of communities without seasonal surface transportation).

PHASE 2 – Additional non-perishable foods and non-food items for eligible communities without seasonal surface transportation (winter roads or marine service) to come into effect April 1, 2011.

Food Group	Non-perishable Foods - Subsidy level category to be determined
Vegetables and Fruit 	Canned vegetables and fruit, tomato-based sauces (including pasta sauces), unsweetened canned and bottled juice
Grain Products 	Unseasoned plain rice and other grains, unseasoned plain dry pasta (macaroni, spaghetti, etc.), pancake mixes, bannock mixes, unseasoned plain popping corn, kernels only (unpopped)
Meat and Alternatives 	Canned fish, canned legumes (beans, peas, lentils), dried legumes (beans, peas, lentils)
Combination foods 	Pizza mixes
Other 	Baking powder, spices, flavouring, extracts

Product type	Essential Non-food Items - Subsidy level category to be determined
Infant care products 	Diapers, wipes
Other paper products 	Feminine hygiene products, disposable undergarments, toilet paper, facial tissues, nursing pads
Dental care items 	Toothpaste, dental floss, denture adhesive and cleaner, toothbrushes
Other personal care items 	Hand and body lotions, soap, shampoo, deodorant
Household items 	Laundry detergent, dishwashing liquid and powder