

# **The Seven Teachings of the Anishinaabe**

(The People-- the Ojibwe, the Odowa and the Potawatome)

## **Honesty**

To achieve honesty within yourself,  
To recognize who and what you are, and  
Do this and you can be honest with all others

## **Humility**

Humble yourself and recognize that  
No matter how much you think you know,  
You know very little of all the universe.

## **Truth**

To learn truth,  
To live with truth, and  
To walk with truth,  
To speak truth

## **Wisdom**

To have wisdom is to know the difference between good and bad, and  
To know the result of your actions

## **Love**

Unconditional love to know that when people are weak  
They need your love the most,  
That your love is given freely, and  
You cannot put conditions on it  
Or your love is not true

## **Respect**

Respect others, their beliefs, and  
Respect yourself.  
If you cannot show respect,  
You cannot expect respect to be given

## **Bravery**

To be brave is to do something right,  
Even if you know it's going to hurt you.